

Individual Best Times (All Time)

Lucy Chadderton - (1641446) - West Norfolk Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.36	32.70	354	18/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3
100 Freestyle	1:14.68	1:13.50	331	17/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3
400 Freestyle	5:59.47	5:55.50	280	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
50 Butterfly	40.30	39.80	222	17/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3
100 Backstroke	1:30.05	1:29.20	258	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
200 Individual Medley	3:17.58	3:15.60	260	17/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.30	33.90	326	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Freestyle	1:14.12	1:15.20	311	01/10/23	Dereham and District ASC Icen Open 2023	Dereham	ER230657	3
200 Freestyle	2:40.87	2:43.00	322	30/09/23	Dereham and District ASC Icen Open 2023	Dereham	ER230657	3
800 Freestyle	11:42.50	11:50.70	313	13/07/23	West Norfolk Club Championships 2023	King's Lynn	ER231201	4
100 Breaststroke	1:40.40	1:41.70	239	03/12/23	City of Peterborough Winter Meet 2023	Peterborough	ER231945	3
50 Backstroke	39.69	40.20	257	01/10/23	Dereham and District ASC Icen Open 2023	Dereham	ER230657	3
100 Backstroke	1:26.63	1:27.60	254	30/09/23	Dereham and District ASC Icen Open 2023	Dereham	ER230657	3
200 Backstroke	3:11.24	3:13.00	240	15/07/23	West Norfolk Club Championships 2023	King's Lynn	ER231201	4