

# Individual Best Times (All Time)

Seren Head - (1635403) - Herne Bay L&SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.82	37.40	241	12/01/24	Herne Bay L&SC 50m Sprints Time Trials 2024	Herne Bay	SE240223	4
100 Freestyle	1:42.00	1:42.80	119	03/07/22	Herne Bay L & SC Club Champs 2022	Whitstable	SE220552	4
200 Freestyle	3:50.91	3:52.40	109	20/06/22	Herne Bay L & SC Club Champs 2022	Hérons Pool	SE220548	4
400 Freestyle	6:09.76	6:13.50	244	05/03/24	Herne Bay Lifeguard & SC - Club Championships 2024	Whitstable	SE240348	4
50 Breaststroke	1:05.81	1:06.30	80	27/06/22	Herne Bay L & SC Club Champs 2022	Hérons Pool	SE220550	4
50 Backstroke	43.56	44.00	194	12/01/24	Herne Bay L&SC 50m Sprints Time Trials 2024	Herne Bay	SE240223	4
200 Individual Medley	3:15.00	3:17.00	244	23/04/24	Herne Bay Lifeguard & SC - Club Championships 2024	Whitstable	SE240350	4
400 Individual Medley	6:57.48	7:01.70	238	01/03/24	Herne Bay Lifeguard & SC - Club Championships 2024	Herne Bay	SE240347	4