

Individual Best Times (All Time)

Matthew Bear - (1633521) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.02	37.50	166	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1
50 Breaststroke	58.55	58.00	87	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
50 Butterfly	53.74	53.40	71	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1
50 Backstroke	45.53	45.10	138	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Backstroke	1:42.86	1:42.10	126	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.64	38.20	153	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:24.82	1:25.80	147	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
200 Freestyle	3:05.56	3:07.40	153	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Breaststroke	52.20	52.80	109	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Butterfly	47.61	48.00	95	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Backstroke	42.72	43.20	138	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Backstroke	1:32.46	1:33.30	142	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
200 Backstroke	3:19.32	3:21.00	148	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Individual Medley	1:36.45	1:36.50	133	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3