Individual Best Times (All Time)

Holly O'leary - (1633518) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.73	36.20	265	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
100 Freestyle	1:24.81	1:23.80	226	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
50 Butterfly	40.63	40.20	217	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.05	36.60	257	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Freestyle	1:22.01	1:23.00	230	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
200 Freestyle	2:58.01	3:00.00	237	09/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	ER232491	3
400 Freestyle	6:07.42	6:11.20	249	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Breaststroke	47.81	48.50	208	02/12/23	NUEL SC Late County Qualifier Open Meet 2023	Stratford	LR231002	3
100 Breaststroke	1:47.04	1:48.20	197	06/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
200 Breaststroke	3:54.30	3:56.60	189	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Butterfly	41.12	41.60	208	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
50 Backstroke	44.09	44.50	187	21/05/23	Basildon & Phoenix Spring SC Meet 2023	Basildon	ER230820	3
200 Individual Medley	3:29.10	3:31.00	197	16/07/23	Basildon & Phoenix End of Season Meet 2023	Basildon	ER231463	3
100 Individual Medley	1:36.85	1:36.80	198	17/06/23	Basildon & Phoenix Dave Warriner Sprint Meet 2023	Basildon	ER231037	3

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