

# Individual Best Times (All Time)

Thomas Goodhew - (1633458) - Haslemere Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	41.27	40.80	130	25/11/23	Rushmoor Royals Winter L3 LC Open Meet 2023	Aldershot	SE231747	3
100 Freestyle	1:35.29	1:34.40	118	26/11/23	Rushmoor Royals Winter L3 LC Open Meet 2023	Aldershot	SE231747	3
200 Freestyle	3:49.06	3:47.50	88	25/03/23	Rushmoor Royals SC Spring Open Meet 2023	Aldershot	SE230477	3
50 Breaststroke	54.20	53.60	109	16/07/23	Rushmoor Royals End of Season LC L3 Open Meet 2023	Aldershot	SE231388	3
100 Breaststroke	1:59.93	1:58.90	106	25/11/23	Rushmoor Royals Winter L3 LC Open Meet 2023	Aldershot	SE231747	3
200 Breaststroke	4:31.28	4:29.30	98	16/07/23	Rushmoor Royals End of Season LC L3 Open Meet 2023	Aldershot	SE231388	3
50 Butterfly	46.89	46.50	107	26/11/23	Rushmoor Royals Winter L3 LC Open Meet 2023	Aldershot	SE231747	3
50 Backstroke	46.73	46.30	127	25/11/23	Rushmoor Royals Winter L3 LC Open Meet 2023	Aldershot	SE231747	3
100 Backstroke	1:48.29	1:47.50	108	26/03/23	Rushmoor Royals SC Spring Open Meet 2023	Aldershot	SE230477	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.95	43.40	103	11/06/23	Haslemere Club Championships 2023	Haslemere	SE231378	4
100 Freestyle	1:34.93	1:35.80	105	07/01/24	Last Chance County Qualifier 2024	Haslemere	SE240165	3
200 Freestyle	3:28.62	3:30.30	108	05/11/23	Haslemere Autumn Sparkler Open Meet 2023	Haslemere	SE232174	3
50 Breaststroke	52.32	52.90	108	14/04/24	Haslemere, Godalming & Fanham Mark Menzies Meet	Haslemere	SE240424	3
100 Breaststroke	1:57.02	1:58.10	105	14/04/24	Haslemere, Godalming & Fanham Mark Menzies Meet	Haslemere	SE240424	3
200 Breaststroke	4:27.34	4:29.30	90	11/06/23	Haslemere Club Championships 2023	Haslemere	SE231378	4
50 Butterfly	49.80	50.20	83	07/01/24	Last Chance County Qualifier 2024	Haslemere	SE240165	3
50 Backstroke	46.56	47.00	107	06/01/24	Last Chance County Qualifier 2024	Godalming	SE240201	3
100 Backstroke	1:41.46	1:42.30	108	07/01/24	Last Chance County Qualifier 2024	Haslemere	SE240165	3
100 Individual Medley	2:00.22	2:00.20	68	11/06/23	Haslemere Club Championships 2023	Haslemere	SE231378	4