

# Individual Best Times (All Time)

Oliver Trenwith - (1633129) - Corby ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.58	35.00	202	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
100 Freestyle	1:17.50	1:16.40	221	26/05/24	City of Sheffield SS No Frills 2024	Sheffield	NE240260	3
200 Freestyle	2:49.88	2:47.80	216	25/05/24	City of Sheffield SS No Frills 2024	Sheffield	NE240260	3
50 Breaststroke	59.73	59.20	82	02/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	WM230314	3
100 Breaststroke	2:16.23	2:15.30	72	23/09/23	Corby ASC & Rushden 100m Club Championships 2023	Corby	EM231766	4
50 Butterfly	42.83	42.40	140	26/05/24	City of Sheffield SS No Frills 2024	Sheffield	NE240260	3
100 Butterfly	1:42.29	1:41.50	112	11/02/24	Northamptonshire ASA County Championships 2024	Corby	EM240158	1
50 Backstroke	44.93	44.50	144	27/01/24	Northamptonshire ASA County Championships 2024	Corby	EM240156	1
100 Backstroke	1:34.28	1:33.40	163	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
200 Backstroke	3:21.78	3:20.10	170	11/02/24	Northamptonshire ASA County Championships 2024	Corby	EM240158	1
200 Individual Medley	3:26.42	3:24.50	168	26/05/24	City of Sheffield SS No Frills 2024	Sheffield	NE240260	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.29	36.90	171	30/06/24	Leicester Sharks CSC Summer Splash 2024	Nuneaton	EM240659	3
100 Freestyle	1:19.74	1:20.80	177	10/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
200 Freestyle	2:51.27	2:53.30	195	29/06/24	Leicester Sharks CSC Summer Splash 2024	Nuneaton	EM240659	3
50 Breaststroke	56.66	57.20	85	10/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
50 Butterfly	43.69	44.10	123	16/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
100 Butterfly	1:53.08	1:53.80	75	07/10/23	Corby October SC Open Meet 2023	Corby	EM231519	3
50 Backstroke	45.53	46.00	114	17/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
100 Backstroke	1:33.36	1:34.20	138	10/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
200 Backstroke	3:22.20	3:23.80	142	30/06/24	Leicester Sharks CSC Summer Splash 2024	Nuneaton	EM240659	3