

# Individual Best Times (All Time)

Frank Hughes - (1629868) - Saxon Crown (Lewisham) SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.00	42.50	110	23/03/24	Saxon Crown Spring Challenge Meet 2024	Lewisham	LR240214	3
50 Breaststroke	50.86	51.50	118	23/03/24	Saxon Crown Spring Challenge Meet 2024	Lewisham	LR240214	3
100 Breaststroke	1:58.00	1:59.10	102	08/10/23	Saxon Crown (Lewisham) SC Autumn Showdown 2023	Lewisham	LR231218	3
50 Butterfly	52.00	52.40	73	24/03/24	Saxon Crown Spring Challenge Meet 2024	Lewisham	LR240214	3