

# Individual Best Times (All Time)

Zara Stickens - (1629821) - Black Lion SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.22	32.60	358	09/03/24	Kent County Championships 2024	Stratford	LR240211	1
100 Freestyle	1:17.90	1:16.80	292	10/03/24	Kent County Championships 2024	Stratford	LR240211	1
200 Freestyle	2:50.26	2:48.20	291	10/03/24	Kent County Championships 2024	Stratford	LR240211	1
50 Breaststroke	50.80	50.20	189	10/02/24	Kent County Championships 2024	Stratford	LR240210	1
100 Breaststroke	1:48.31	1:47.10	207	10/02/24	Kent County Championships 2024	Stratford	LR240210	1
50 Butterfly	41.06	40.60	210	10/03/24	Kent County Championships 2024	Stratford	LR240211	1
50 Backstroke	41.11	40.60	278	11/02/24	Kent County Championships 2024	Stratford	LR240210	1
100 Backstroke	1:25.71	1:24.80	299	11/02/24	Kent County Championships 2024	Stratford	LR240210	1
200 Backstroke	3:07.94	3:06.20	281	10/03/24	Kent County Championships 2024	Stratford	LR240211	1
200 Individual Medley	3:20.22	3:18.20	249	10/02/24	Kent County Championships 2024	Stratford	LR240210	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.59	32.20	382	02/06/24	Black Lion SC Club Championships 2024	Gillingham	SE241273	4
100 Freestyle	1:12.34	1:13.50	335	03/06/24	Black Lion SC Club Championships 2024	Gillingham	SE241273	4
200 Freestyle	2:38.28	2:40.50	338	03/06/24	Black Lion SC Club Championships 2024	Gillingham	SE241273	4
400 Freestyle	6:28.79	6:32.40	210	18/11/23	Maidstone Level 3 Winter Qualifier 2023	Maidstone	SE230793	3
50 Breaststroke	46.27	46.90	230	03/06/24	Black Lion SC Club Championships 2024	Gillingham	SE241273	4
100 Breaststroke	1:45.01	1:46.20	209	18/11/23	Maidstone Level 3 Winter Qualifier 2023	Maidstone	SE230793	3
200 Breaststroke	3:32.62	3:35.10	253	02/06/24	Black Lion SC Club Championships 2024	Gillingham	SE241273	4
50 Butterfly	37.58	38.10	273	03/06/24	Black Lion SC Club Championships 2024	Gillingham	SE241273	4
50 Backstroke	37.88	38.40	296	30/03/24	2nd Kent Weald Last Chance Regional Qualifier 2024	Gillingham	SE240644	3
100 Backstroke	1:20.15	1:21.10	321	02/06/24	Black Lion SC Club Championships 2024	Gillingham	SE241273	4
200 Backstroke	3:01.71	3:03.50	280	03/06/24	Black Lion SC Club Championships 2024	Gillingham	SE241273	4
200 Individual Medley	3:23.28	3:25.20	215	15/07/23	Medway ASA Championships 2023	Maidstone	SE230488	3
100 Individual Medley	1:30.34	1:30.30	244	16/09/23	Medway ASA Championships 2023	Maidstone	SE230489	3