

Individual Best Times (All Time)

Polly Walker - (1628618) - Cockermonth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	43.63	43.10	158	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Breaststroke	1:05.74	1:05.30	87	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Backstroke	41.07	40.60	279	12/05/24	ARENA Manchester Open Meet 2024	Manchester	NW240840	1
100 Backstroke	1:38.43	1:37.60	197	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.82	39.40	206	09/03/24	Copeland 29th Bill and Monica Griffin Gala 2024	Whitehaven	NW240658	3
100 Freestyle	1:21.80	1:22.80	231	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
200 Freestyle	2:57.72	2:59.70	239	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
50 Breaststroke	59.32	59.90	109	09/03/24	Copeland 29th Bill and Monica Griffin Gala 2024	Whitehaven	NW240658	3
100 Breaststroke	2:00.26	2:01.30	139	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
50 Butterfly	45.83	46.20	150	09/03/24	Copeland 29th Bill and Monica Griffin Gala 2024	Whitehaven	NW240658	3
100 Butterfly	1:44.58	1:45.30	138	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
50 Backstroke	41.77	42.20	220	09/03/24	Copeland 29th Bill and Monica Griffin Gala 2024	Whitehaven	NW240658	3
100 Backstroke	1:32.29	1:33.20	210	20/01/24	Cumbria County Championships & Age Groups 2024	Workington	NW240298	2
200 Backstroke	3:10.09	3:11.80	244	03/12/23	Cumbria Winter Meet L3 2023	Copeland	NW232162	3
200 Individual Medley	3:18.58	3:20.60	231	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
100 Individual Medley	1:36.74	1:36.70	199	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3