

Individual Best Times (All Time)

Hope Kalfoss - (1627719) - Wey Valley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.92	34.30	309	22/10/23	Borough of Waltham Forest Gators Level 3 Gala 2023	London	LR231412	3
200 Freestyle	2:50.47	2:48.40	290	22/10/23	Borough of Waltham Forest Gators Level 3 Gala 2023	London	LR231412	3
100 Breaststroke	1:42.70	1:41.50	243	20/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
50 Backstroke	38.47	37.90	340	20/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
200 Backstroke	2:56.47	2:54.60	339	04/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.44	34.10	322	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh	SE240864	3
100 Freestyle	1:15.29	1:16.40	297	25/11/23	Guildford City L3 County Qualifier 2023	Guildford	SE231819	3
200 Freestyle	2:42.11	2:44.20	315	26/11/23	Guildford City L3 County Qualifier 2023	Guildford	SE231819	3
400 Freestyle	6:23.02	6:26.70	220	01/07/23	Wey Valley SC Summer Sprints Invitational 2023	Guildford	SE231322	4
800 Freestyle	11:44.09	11:52.30	311	21/04/24	Wey Valley Invitational 800m TT 2024	Godalming	SE240687	4
50 Breaststroke	45.53	46.20	241	09/12/23	National Arena Swimming League South R3 2023	Portsmouth	SE232569	4
100 Breaststroke	1:37.93	1:39.20	258	09/12/23	National Arena Swimming League South R3 2023	Portsmouth	SE232569	4
50 Butterfly	41.47	41.90	203	08/10/23	Cranleigh SC Autumn Open Meet 2023	Cranleigh	SE231880	3
50 Backstroke	37.21	37.70	312	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh	SE240864	3
100 Backstroke	1:20.85	1:21.80	312	17/03/24	Cranleigh ASC Mavis Godfrey Spring Open Meet 2024	Cranleigh	SE240282	3
200 Backstroke	2:56.20	2:58.10	307	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh	SE240864	3
200 Individual Medley	2:58.42	3:00.60	318	17/03/24	Cranleigh ASC Mavis Godfrey Spring Open Meet 2024	Cranleigh	SE240282	3
100 Individual Medley	1:25.28	1:25.30	290	19/11/23	Wey Valley Club Champs 2023	Godalming	SE232116	4