

Individual Best Times (All Time)

Leona Scott - (1625283) - North Norfolk Vikings SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.96	36.40	260	28/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Freestyle	1:22.72	1:21.70	244	03/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
200 Freestyle	3:25.10	3:23.40	166	18/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3
50 Breaststroke	1:07.56	1:07.10	80	17/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3
50 Butterfly	43.99	43.60	171	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
50 Backstroke	43.95	43.50	228	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Backstroke	1:34.99	1:34.10	219	03/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.55	36.10	268	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Freestyle	1:20.46	1:21.50	243	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Freestyle	2:55.71	2:57.70	247	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
50 Breaststroke	52.74	53.30	155	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
50 Butterfly	40.16	40.60	223	09/06/24	Swim England Norfolk Inter Club Gala 2024	Norwich	ER240910	2
50 Backstroke	42.15	42.60	214	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Backstroke	1:27.99	1:28.90	242	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Individual Medley	3:38.78	3:40.60	172	01/11/23	North Norfolk Vikings Club Championships 2023	Victory LC	ER231936	4