

# Individual Best Times (All Time)

Rhys Moore - (1623384) - Hartlepool SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.91	32.30	256	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
100 Freestyle	1:12.50	1:11.30	270	17/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
200 Freestyle	2:39.98	2:37.80	259	08/07/23	Richmond Dales ASC Summer Madness Gala 2023	Leeds	NE231141	3
50 Breaststroke	46.13	45.40	178	17/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
100 Breaststroke	1:41.78	1:40.50	174	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
200 Breaststroke	3:37.04	3:34.60	193	17/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
50 Butterfly	39.98	39.50	172	17/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
50 Backstroke	44.13	43.70	151	03/07/22	City of Sunderland ASC Summer Splash 2022	Sunderland	NE221159	3
100 Backstroke	1:35.59	1:34.70	157	02/07/22	City of Sunderland ASC Summer Splash 2022	Sunderland	NE221159	3
200 Individual Medley	3:17.03	3:15.00	193	08/07/23	Richmond Dales ASC Summer Madness Gala 2023	Leeds	NE231141	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.96	32.60	250	24/09/23	Billingham Autumn Meet 2023	Billingham	NE231591	3
100 Freestyle	1:10.82	1:12.00	253	07/01/24	Billingham New Year Meet 2024	Billingham	NE240168	3
200 Freestyle	2:36.54	2:38.70	255	19/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
400 Freestyle	5:33.73	5:37.90	257	18/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
50 Breaststroke	44.71	45.40	173	07/01/24	Billingham New Year Meet 2024	Billingham	NE240168	3
100 Breaststroke	1:38.87	1:40.10	174	18/11/23	Durham City Aquatics Medley Challenge 2023	Durham	NE232225	3
200 Breaststroke	3:38.00	3:40.40	167	18/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
50 Butterfly	38.97	39.50	173	17/06/23	Newcastle Swim Team Summer Spectacular Sprint Meet	Tynemouth	NE230909	3
50 Backstroke	39.78	40.30	171	19/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
100 Backstroke	1:25.83	1:26.80	178	06/01/24	Billingham New Year Meet 2024	Billingham	NE240168	3
200 Individual Medley	3:05.78	3:07.90	205	23/09/23	Billingham Autumn Meet 2023	Billingham	NE231591	3
100 Individual Medley	1:24.86	1:24.90	195	17/06/23	Newcastle Swim Team Summer Spectacular Sprint Meet	Tynemouth	NE230909	3