

Individual Best Times (All Time)

Fleur Burrows - (1622441) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	44.98	44.30	272	23/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1
100 Breaststroke	1:39.39	1:38.10	268	24/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1
200 Breaststroke	3:24.91	3:22.30	302	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1
50 Butterfly	41.27	40.80	207	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Butterfly	1:29.36	1:28.50	239	23/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1
200 Individual Medley	3:07.24	3:05.10	305	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.18	36.80	254	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Freestyle	1:17.37	1:18.40	273	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
200 Freestyle	2:52.66	2:54.70	260	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
800 Freestyle	12:48.68	12:56.20	239	25/11/23	Basildon & Phoenix 800m County/Regional Qualifier	Basildon	ER232297	3
50 Breaststroke	44.15	44.90	265	06/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Breaststroke	1:37.36	1:38.60	262	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
200 Breaststroke	3:22.66	3:25.30	292	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Butterfly	40.74	41.20	214	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Butterfly	1:31.54	1:32.40	205	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Backstroke	46.41	46.80	161	12/03/23	Basildon & Phoenix Spring Regional Qualifier 2023	Basildon	ER230399	3
100 Backstroke	1:54.07	1:54.80	111	16/12/22	City of Southend on Sea Club Championships 2022	Southend	ER221823	4
200 Backstroke	4:00.00	4:01.40	121	09/12/22	City of Southend on Sea Club Championships 2022	Southend	ER221822	4
200 Individual Medley	3:06.41	3:08.50	279	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Individual Medley	1:32.62	1:32.60	227	17/06/23	Basildon & Phoenix Dave Warriner Sprint Meet 2023	Basildon	ER231037	3