

Individual Best Times (All Time)

Esther Luton - (1622417) - Rochford & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	46.10	45.40	253	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
200 Breaststroke	3:35.84	3:33.40	258	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.53	38.10	228	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
100 Freestyle	1:21.77	1:22.80	232	16/07/23	Basildon & Phoenix End of Season Meet 2023	Basildon	ER231463	3
200 Freestyle	3:00.50	3:02.40	228	02/12/23	Rochford and District Open Meet 2023	Clements Hall	ER232196	4
50 Breaststroke	43.85	44.60	270	06/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Breaststroke	1:36.21	1:37.50	272	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
200 Breaststroke	3:29.84	3:32.30	263	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Butterfly	43.89	44.30	171	22/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
100 Butterfly	1:46.66	1:47.40	130	16/07/23	Basildon & Phoenix End of Season Meet 2023	Basildon	ER231463	3
50 Backstroke	45.22	45.70	174	06/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Backstroke	1:55.06	1:55.80	108	16/12/22	City of Southend on Sea Club Championships 2022	Southend	ER221823	4
200 Backstroke	4:23.56	4:24.80	91	09/12/22	City of Southend on Sea Club Championships 2022	Southend	ER221822	4
200 Individual Medley	3:18.26	3:20.20	232	06/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Individual Medley	1:36.10	1:36.10	203	03/06/23	Chelmsford City SC Summer Sprints Meet 2023	Riverside	ER230497	3