

Individual Best Times (All Time)

Ryan Parsons - (1620700) - Banbury SC

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|-----------|----------|-------|
| 50 Freestyle | 37.62 | 38.20 | 153 | 03/02/24 | Oxfordshire & N Bucs County Championships 2024 | Aylesbury | SE240040 | 2 |
| 100 Freestyle | 1:23.24 | 1:24.20 | 156 | 11/02/24 | Oxfordshire & N Bucs County Championships 2024 | Aylesbury | SE240041 | 2 |
| 400 Freestyle | 6:32.85 | 6:36.40 | 157 | 20/01/24 | Oxfordshire & N Bucs County Championships 2024 | Aylesbury | SE240039 | 2 |
| 800 Freestyle | 12:45.72 | 12:53.30 | 194 | 30/06/24 | Witney & District Invitational L4 Distance Meet 24 | Witney | SE240933 | 4 |
| 50 Breaststroke | 50.99 | 51.60 | 117 | 17/03/24 | City of Oxford SC L3March | Oxford | SE240427 | 3 |
| 50 Butterfly | 46.80 | 47.20 | 100 | 17/03/24 | City of Oxford SC L3March | Oxford | SE240427 | 3 |
| 50 Backstroke | 41.94 | 42.40 | 146 | 11/02/24 | Oxfordshire & N Bucs County Championships 2024 | Aylesbury | SE240041 | 2 |
| 100 Backstroke | 1:32.48 | 1:33.30 | 142 | 04/02/24 | Oxfordshire & N Bucs County Championships 2024 | Aylesbury | SE240040 | 2 |
| 200 Backstroke | 3:28.19 | 3:29.80 | 130 | 29/10/23 | City of Oxford SC Halloween Meet 2023 | Leys LC | SE231696 | 3 |
| 100 Individual Medley | 1:47.37 | 1:47.40 | 96 | 10/12/23 | City of Oxford SC December Development Meet 2023 | Oxford | SE232413 | 4 |