

Individual Best Times (All Time)

Neve Haddock - (1619735) - West Norfolk Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	43.77	43.30	156	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
100 Freestyle	1:45.14	1:44.30	118	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
200 Freestyle	3:37.55	3:35.90	139	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
50 Breaststroke	55.48	54.90	145	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
100 Breaststroke	2:03.01	2:02.00	141	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
200 Breaststroke	4:21.14	4:19.10	146	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
50 Butterfly	1:01.78	1:01.50	61	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
50 Backstroke	49.06	48.60	164	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
100 Backstroke	1:50.23	1:49.50	140	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
200 Individual Medley	4:09.47	4:07.90	129	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	43.87	44.30	142	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Freestyle	1:39.81	1:40.60	127	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Freestyle	3:39.73	3:41.30	126	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
50 Breaststroke	55.63	56.20	132	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Breaststroke	1:58.65	1:59.70	145	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Breaststroke	4:17.44	4:19.50	142	02/12/23	City of Peterborough Winter Meet 2023	Peterborough	ER231945	3
50 Butterfly	59.63	59.90	68	25/05/24	West Norfolk SC Club Development Gala 2024	Kings Lynn	ER240057	4
50 Backstroke	48.03	48.40	145	03/12/23	City of Peterborough Winter Meet 2023	Peterborough	ER231945	3
100 Backstroke	1:42.49	1:43.30	153	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Backstroke	3:48.50	3:50.00	141	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Individual Medley	4:02.58	4:04.20	126	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Individual Medley	1:57.85	1:57.90	110	25/02/24	SE Norfolk Warwick Thompson Memorial Gala 2024	Thetford	ER240454	3