

# Individual Best Times (All Time)

Alice Scacco - (1619410) - Middlesbrough SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.80	35.20	286	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
100 Freestyle	1:20.48	1:19.40	265	03/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
200 Freestyle	2:55.20	2:53.20	267	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
50 Breaststroke	48.23	47.60	221	04/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
100 Breaststroke	1:46.09	1:44.90	220	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
200 Breaststroke	3:51.88	3:49.60	208	03/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.35	36.90	251	26/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	NE231810	3
100 Freestyle	1:24.00	1:25.00	214	26/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	NE231810	3
200 Freestyle	2:58.11	3:00.10	237	25/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	NE231810	3
50 Breaststroke	49.08	49.70	193	17/12/23	Middlesbrough ASC December Meet 2023	Middlesborough	NE231613	3
100 Breaststroke	1:44.01	1:45.20	215	09/03/24	Middlesbrough ASC March 2024 Meet	Middlesborough	NE240019	3
200 Breaststroke	3:40.18	3:42.60	228	09/03/24	Middlesbrough ASC March 2024 Meet	Middlesborough	NE240019	3
50 Butterfly	56.21	56.50	81	09/07/23	Middlesbrough ASC Club Championships 2023	Middlesborough	NE230779	4
50 Backstroke	48.82	49.20	138	26/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	NE231810	3
100 Individual Medley	1:47.92	1:47.90	143	09/07/23	Middlesbrough ASC Club Championships 2023	Middlesborough	NE230779	4