

Individual Best Times (All Time)

Isabel Harmer - (1618075) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.53	32.90	349	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
50 Butterfly	34.62	34.10	351	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
100 Backstroke	1:24.44	1:23.50	312	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.07	33.70	333	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Freestyle	1:12.15	1:13.30	337	10/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	ER232491	3
50 Breaststroke	51.00	51.60	172	21/05/22	Basildon & Phoenix Spring SC Open Meet 2022	Basildon	ER220571	3
50 Butterfly	34.15	34.70	363	09/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	ER232491	3
100 Butterfly	1:17.51	1:18.50	339	10/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	ER232491	3
50 Backstroke	36.18	36.70	339	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Backstroke	1:17.87	1:18.90	350	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Individual Medley	2:57.77	3:00.00	322	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Individual Medley	1:22.89	1:22.90	316	22/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3