

Individual Best Times (All Time)

Emilia Bogdanska - (1618013) - Preston Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.67	32.00	377	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
100 Freestyle	1:11.31	1:10.10	381	28/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
200 Freestyle	2:40.54	2:38.40	347	10/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
50 Breaststroke	42.32	41.60	327	27/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
100 Breaststroke	1:33.78	1:32.40	319	10/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
200 Breaststroke	3:17.13	3:14.40	339	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
50 Butterfly	34.72	34.20	348	05/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
50 Backstroke	35.09	34.50	448	27/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
100 Backstroke	1:15.83	1:14.80	432	05/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
200 Backstroke	2:46.53	2:44.50	404	28/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.42	33.10	353	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Freestyle	1:11.21	1:12.40	351	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
200 Freestyle	2:37.83	2:40.00	341	03/12/23	Preston Swimming Club Club Champs 2023	Westview LC	NW232570	3
400 Freestyle	5:31.39	5:35.60	340	19/05/24	Preston SC Bert Brooks 2024	Preston	NW241217	4
50 Breaststroke	41.89	42.60	310	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
100 Breaststroke	1:34.94	1:36.30	283	28/10/23	Bobcats Monster Splash 2023	Darwen	NW231427	3
200 Breaststroke	3:21.95	3:24.60	295	16/09/23	North Lancs S&WPA Level 2 Meet 2023	Blackpool	NW231623	2
50 Butterfly	35.07	35.60	335	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
50 Backstroke	34.70	35.30	385	09/12/23	Arena League North West B Final 2023	Macclesfield	NW232594	3
100 Backstroke	1:16.89	1:17.90	363	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
200 Backstroke	2:41.06	2:43.10	402	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
200 Individual Medley	2:51.20	2:53.50	360	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Individual Medley	1:18.97	1:19.00	366	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3