

Individual Best Times (All Time)

George Ward - (1614902) - Thurrock Swimming Club

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|---|-----------|----------|-------|
| 50 Freestyle | 36.17 | 35.60 | 193 | 24/03/24 | Newham & UEL SC National Qualifier Open Meet 2024 | Stratford | LR240111 | 1 |
| 100 Freestyle | 1:18.13 | 1:17.00 | 215 | 25/02/24 | 2024 Essex County Age Group Championships | London | ER240055 | 1 |
| 200 Freestyle | 2:55.81 | 2:53.80 | 195 | 13/01/24 | 2024 Essex County Age Group Championships | London | ER240054 | 1 |
| 50 Breaststroke | 54.78 | 54.20 | 106 | 24/02/24 | 2024 Essex County Age Group Championships | London | ER240055 | 1 |
| 100 Breaststroke | 2:09.52 | 2:08.50 | 84 | 08/07/23 | NUEL SC Joy Atotileto Memorial Open Meet 2023 | Stratford | LR230876 | 3 |
| 50 Butterfly | 41.40 | 40.90 | 155 | 23/03/24 | Newham & UEL SC National Qualifier Open Meet 2024 | Stratford | LR240111 | 1 |
| 100 Butterfly | 1:32.57 | 1:31.70 | 152 | 24/03/24 | Newham & UEL SC National Qualifier Open Meet 2024 | Stratford | LR240111 | 1 |
| 50 Backstroke | 44.78 | 44.30 | 145 | 24/02/24 | 2024 Essex County Age Group Championships | London | ER240055 | 1 |
| 100 Backstroke | 1:34.14 | 1:33.30 | 164 | 24/03/24 | Newham & UEL SC National Qualifier Open Meet 2024 | Stratford | LR240111 | 1 |
| 200 Individual Medley | 4:08.09 | 4:06.50 | 97 | 09/07/23 | NUEL SC Joy Atotileto Memorial Open Meet 2023 | Stratford | LR230876 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|--|----------|----------|-------|
| 50 Freestyle | 37.37 | 37.90 | 157 | 17/03/24 | Enfield SS Regional Qualifier Open Meet 2024 | Enfield | LR240293 | 3 |
| 100 Freestyle | 1:16.90 | 1:18.00 | 198 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 200 Freestyle | 2:43.24 | 2:45.40 | 225 | 19/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 400 Freestyle | 5:37.85 | 5:42.00 | 247 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 50 Breaststroke | 52.72 | 53.30 | 105 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 100 Breaststroke | 1:52.45 | 1:53.60 | 118 | 16/03/24 | Enfield SS Regional Qualifier Open Meet 2024 | Enfield | LR240293 | 3 |
| 200 Breaststroke | 3:59.24 | 4:01.40 | 126 | 19/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 50 Butterfly | 41.11 | 41.60 | 148 | 16/03/24 | Enfield SS Regional Qualifier Open Meet 2024 | Enfield | LR240293 | 3 |
| 100 Butterfly | 1:32.45 | 1:33.30 | 138 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 200 Butterfly | 3:26.85 | 3:28.40 | 137 | 16/03/24 | Enfield SS Regional Qualifier Open Meet 2024 | Enfield | LR240293 | 3 |
| 50 Backstroke | 44.36 | 44.80 | 123 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 100 Backstroke | 1:32.05 | 1:32.90 | 144 | 19/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 200 Backstroke | 3:09.12 | 3:10.90 | 174 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 200 Individual Medley | 3:18.25 | 3:20.20 | 169 | 17/03/24 | Enfield SS Regional Qualifier Open Meet 2024 | Enfield | LR240293 | 3 |
| 100 Individual Medley | 1:35.38 | 1:35.40 | 137 | 27/01/24 | Romford Town Non County Qualifier Meet 2024 | Romford | LR240216 | 3 |