

Individual Best Times (All Time)

Max Smudzinski - (1614550) - Neath ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.18	35.60	193	11/06/23	Torfaen Dolphins Long Course Meet 2023	Cardiff	WL230113	3
100 Freestyle	1:15.59	1:14.50	238	08/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff	WL240163	1
200 Freestyle	2:48.65	2:46.60	221	11/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
400 Freestyle	5:48.21	5:44.10	252	10/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
1500 Freestyle	22:58.87	22:43.80	252	19/05/24	Tiger Bay Open Meet 2024	Cardiff	WL240162	3
50 Breaststroke	52.92	52.30	117	11/06/23	Torfaen Dolphins Long Course Meet 2023	Cardiff	WL230113	3
100 Breaststroke	2:01.38	2:00.30	102	10/07/22	City of Cardiff Keith Bewley Memorial Closed Meet	Cardiff	WL220698	3
200 Breaststroke	3:31.50	3:29.00	208	09/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff	WL240163	1
50 Butterfly	40.65	40.20	164	09/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff	WL240195	3
100 Butterfly	1:36.78	1:36.00	133	02/07/23	Keith Bewley Memorial Open Meet 2023	Cardiff	WL230297	3
50 Backstroke	44.03	43.60	153	10/06/23	Torfaen Dolphins Long Course Meet 2023	Cardiff	WL230113	3
100 Backstroke	1:29.57	1:28.70	191	25/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
200 Individual Medley	3:14.00	3:12.00	202	02/07/23	Keith Bewley Memorial Open Meet 2023	Cardiff	WL230297	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.15	34.80	205	25/02/24	Llanelli Open Meet Level 2 and 3 Combined 2024	Llanelli	WL240257	3
100 Freestyle	1:15.93	1:17.00	205	13/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
200 Freestyle	2:41.33	2:43.50	233	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
400 Freestyle	6:59.94	7:03.30	129	26/11/22	Swim Wales West Sub Regionals 2022	Haverfordwest	WL222521	3
800 Freestyle	11:50.22	11:58.30	243	13/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
1500 Freestyle	22:51.74	23:06.70	235	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
50 Breaststroke	45.35	46.00	166	28/10/23	Neath ASC Open Meet	Swansea	WL231885	3
100 Breaststroke	1:44.89	1:46.10	146	01/10/23	City of Swansea Aquatics Club Championships 2023	Swansea	WL230624	3
200 Breaststroke	3:28.56	3:31.10	191	13/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
50 Butterfly	40.24	40.70	157	11/11/23	National Arena Swimming League Western 2023 Gala 2	Plymouth	SW232341	4
100 Butterfly	1:36.23	1:37.00	122	30/09/23	City of Swansea Aquatics Club Championships 2023	Swansea	WL230624	3
200 Butterfly	3:36.65	3:38.10	119	01/10/23	City of Swansea Aquatics Club Championships 2023	Swansea	WL230624	3
50 Backstroke	41.34	41.80	152	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
100 Backstroke	1:27.25	1:28.20	169	13/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
200 Backstroke	3:05.91	3:07.70	183	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
200 Individual Medley	3:04.11	3:06.20	211	28/10/23	Neath ASC Open Meet	Swansea	WL231885	3
100 Individual Medley	1:34.39	1:34.40	142	30/09/23	City of Swansea Aquatics Club Championships 2023	Swansea	WL230624	3