

Individual Best Times (All Time)

Thomas Forster - (1613013) - North Tyneside SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.19	32.60	250	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.74	33.40	233	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
100 Freestyle	1:14.65	1:15.80	216	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
200 Freestyle	2:50.79	2:52.80	196	11/02/24	Durham City Aquatics Valentine Gala	Durham	NE240405	3
400 Freestyle	6:42.03	6:45.50	147	21/10/23	Chester-le-Street ASC Junior Meet	Chester-le-Street	NE232239	3
50 Butterfly	36.94	37.50	204	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Backstroke	38.21	38.70	193	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3