

Individual Best Times (All Time)

De'marco Twigg - (1612432) - Leander SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.80	29.10	345	29/06/24	London Youth Games 2024 Open Competitive Swimming	London	LR241601	3
100 Freestyle	1:10.21	1:09.00	297	02/06/24	Wandsworth SC Summer Meet 2024	Crawley	LR241043	3
50 Breaststroke	44.47	43.80	198	01/06/24	Wandsworth SC Summer Meet 2024	Crawley	LR241043	3
100 Breaststroke	1:38.67	1:37.40	191	01/06/24	Wandsworth SC Summer Meet 2024	Crawley	LR241043	3
50 Butterfly	37.24	36.70	213	02/06/24	Wandsworth SC Summer Meet 2024	Crawley	LR241043	3
100 Butterfly	1:30.93	1:30.10	160	01/06/24	Wandsworth SC Summer Meet 2024	Crawley	LR241043	3
50 Backstroke	41.01	40.50	189	01/06/24	Wandsworth SC Summer Meet 2024	Crawley	LR241043	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.36	30.10	323	19/05/24	East Grinstead SC Open Meet 2024	Crawley	SE240109	3
100 Freestyle	1:05.75	1:07.00	317	19/05/24	East Grinstead SC Open Meet 2024	Crawley	SE240109	3
1500 Freestyle	23:32.21	23:46.80	215	15/06/24	Kingston Royals Long Distance Club Championships	Guildford	LR241093	4
50 Breaststroke	41.09	41.90	223	19/05/24	East Grinstead SC Open Meet 2024	Crawley	SE240109	3
100 Breaststroke	1:32.99	1:34.30	210	07/04/24	Guildford City L3 Junior Olympics 2024	Guildford	SE240178	3
50 Butterfly	34.58	35.10	248	17/03/24	Cranleigh ASC Mavis Godfrey Spring Open Meet 2024	Cranleigh	SE240282	3
100 Butterfly	1:22.81	1:23.70	192	19/11/23	Kingston Royal Autumn Open Meet 2023	Elmbridge Xcel	LR231514	3
50 Backstroke	38.94	39.50	183	07/04/24	Guildford City L3 Junior Olympics 2024	Guildford	SE240178	3
100 Backstroke	1:26.23	1:27.20	176	18/11/23	Kingston Royal Autumn Open Meet 2023	Elmbridge Xcel	LR231514	3
200 Individual Medley	3:15.95	3:18.00	175	08/10/23	NUEL SC Early County Qualifier Open Meet 2023	Stratford	LR230877	3
100 Individual Medley	1:20.28	1:20.30	231	13/01/24	Kingston Royals New Year County Qualifier Meet 202	Walton-on-Thames	LR240112	3