

Individual Best Times (All Time)

Violet Nicholson - (1610665) - Tynedale SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.19	36.60	255	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
100 Freestyle	1:19.51	1:18.40	275	21/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
200 Freestyle	2:55.14	2:53.10	267	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
400 Freestyle	6:08.90	6:05.10	259	04/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
50 Breaststroke	49.40	48.80	205	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Breaststroke	1:47.55	1:46.40	212	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.62	36.20	266	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
100 Freestyle	1:22.27	1:23.30	227	15/10/23	Alnwick Dolphins ASC Autumn Meet 2023	Alnwick	NE231969	3
200 Freestyle	2:47.49	2:49.60	285	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
400 Freestyle	6:01.44	6:05.30	262	01/10/23	South Tyneside SC Autumn Meet 2023	Haven Point	NE231800	3
50 Breaststroke	47.71	48.40	210	15/10/23	Alnwick Dolphins ASC Autumn Meet 2023	Alnwick	NE231969	3
100 Breaststroke	1:43.24	1:44.50	220	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Breaststroke	3:36.01	3:38.40	241	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Backstroke	46.64	47.10	158	04/12/22	Derwentside Christmas Cracker Meet 2022	Stanley	NE221606	3
200 Individual Medley	3:12.19	3:14.20	254	15/10/23	Alnwick Dolphins ASC Autumn Meet 2023	Alnwick	NE231969	3
100 Individual Medley	1:30.80	1:30.80	241	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3