

Individual Best Times (All Time)

Adam Scotney - (160869) - Nottingham Leander SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.67	26.90	431	14/05/11	Rotherham Metro Level One Meet	Sheffield	NE1081	1
100 Freestyle	1:01.31	59.90	446	15/05/11	Rotherham Metro Level One Meet	Sheffield	NE1081	1
200 Freestyle	2:16.54	2:14.00	416	19/12/09	Leeds Christmas Cracker	Leeds	NE9397	1
50 Breaststroke	35.32	34.40	396	16/05/10	Rotherham Metro LC Meet	Sheffield	NE0074	1
100 Breaststroke	1:19.97	1:18.40	359	15/05/10	Rotherham Metro LC Meet	Sheffield	NE0074	1
200 Breaststroke	3:18.54	3:15.90	252	08/04/07	Derwentio Excel Open	Sheffield	EM7005	1
50 Backstroke	34.02	33.40	331	20/02/16	BUCS Long Course Championships	Sheffield	NE160130	1
100 Backstroke	1:11.53	1:10.40	375	20/12/09	Leeds Christmas Cracker	Leeds	NE9397	1
200 Backstroke	2:44.05	2:42.00	317	16/12/07	City of Leeds ChristmasMt	Leeds	NE7205	2
200 Individual Medley	2:49.08	2:46.70	306	15/12/07	City of Leeds ChristmasMt	Leeds	NE7205	2

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.91	27.70	420	31/03/12	Nuneaton and Bedworth Meet	Nuneaton	WM2039	2
100 Freestyle	58.61	1:00.00	447	03/04/11	Nuneaton & Bedworth Spring Open Meet	Nuneaton	WM1047	2
200 Freestyle	2:08.55	2:11.20	461	19/03/11	Nottinghamshire County Championships	Mansfield	CC1074	2
400 Freestyle	4:38.40	4:43.40	443	06/12/09	Nuneaton & Bedworth Dec Mt	Nuneaton	WM9018	2
800 Freestyle	9:28.95	9:39.00	473	06/03/10	Nottinghamshire County Champs	Worksop	CC0101	2
50 Breaststroke	34.59	35.50	375	20/03/10	Nottinghamshire County Champs	Mansfield	CC0103	2
100 Breaststroke	1:16.20	1:17.80	381	02/10/11	Leicester Penguins 26th Open Meet	Braunstone	EM1318	2
200 Breaststroke	3:00.03	3:02.90	297	06/04/08	Nuneaton & Bedworth Open	Nuneaton	WM8002	2
50 Butterfly	33.15	33.70	282	14/02/10	Nottinghamshire County	Beechdale	CC0099	2
50 Backstroke	31.49	32.10	346	31/03/12	Nuneaton and Bedworth Meet	Nuneaton	WM2039	2
100 Backstroke	1:07.34	1:08.50	369	17/12/11	Nottinghamshire County Youth & Senior Gala	Nottingham	EM1611	2
200 Backstroke	2:23.82	2:26.10	396	13/02/11	Nottinghamshire County Championships	Nottingham	CC1070	2
200 Individual Medley	2:27.76	2:30.40	408	31/03/12	Nuneaton and Bedworth Meet	Nuneaton	WM2039	2
400 Individual Medley	5:52.80	5:57.80	294	10/02/08	Nottinghamshire Champs	Nottingham	CC8062	2
100 Individual Medley	1:08.05	1:08.10	379	01/10/11	Leicester Penguins 26th Open Meet	Braunstone	EM1318	2