

# Individual Best Times (All Time)

Ria Wilkinson - (1605749) - City of Salford SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.03	30.30	440	30/12/23	Sprint With The Stars 2023	Leeds	NE232281	3
100 Freestyle	1:07.04	1:05.80	458	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
200 Freestyle	2:25.75	2:23.30	464	28/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
50 Butterfly	34.94	34.40	341	11/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
100 Butterfly	1:21.97	1:21.00	310	27/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
200 Individual Medley	2:55.45	2:53.20	371	16/12/23	City of Leeds Xmas Cracker Meet 2023	John Charles Aqu Cen	NE231008	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.04	31.70	403	10/12/23	Arena League North West A Final 2023	Blackpool	NW232593	3
100 Freestyle	1:08.82	1:10.00	389	02/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
200 Freestyle	2:25.62	2:28.00	434	03/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
400 Freestyle	5:46.82	5:50.90	296	09/12/23	City of Salford Long Distance Meet 2023	Broughton	NW232397	4
50 Breaststroke	44.82	45.50	253	02/12/23	Bolton Metro SS Christmas Countdown 2023	Bolton	NW232353	3
50 Butterfly	36.95	37.50	287	03/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
100 Butterfly	1:23.00	1:23.90	276	02/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
50 Backstroke	42.15	42.60	214	18/03/23	City of Salford SC Spring Meet 2023	Broughton	NW230207	3
200 Individual Medley	2:52.51	2:54.80	352	02/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
100 Individual Medley	1:42.38	1:42.40	168	26/02/22	City of Salford SC Club Championships 2021/2	Broughton	NW220492	4