

Individual Best Times (All Time)

Ophelia Warman - (1605531) - Chelmsford City SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:19.03	1:18.00	280	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
200 Freestyle	2:56.76	2:54.80	260	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
50 Butterfly	44.94	44.50	160	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Backstroke	1:31.57	1:30.70	245	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.70	35.30	288	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
100 Freestyle	1:18.24	1:19.30	264	30/09/23	Chelmsford City Club Champs 2023	Riverside	ER231554	4
200 Freestyle	2:51.07	2:53.10	268	25/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	ER231946	3
800 Freestyle	12:42.66	12:50.20	245	19/03/24	Chelmsford City Club Champs 2024 800m & 1500m	Chelmsford City	ER240596	3
50 Breaststroke	47.69	48.30	210	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
100 Breaststroke	1:46.10	1:47.30	203	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
200 Breaststroke	3:46.43	3:48.80	209	26/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	ER231946	3
50 Butterfly	40.74	41.20	214	26/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	ER231946	3
50 Backstroke	42.53	43.00	209	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
100 Backstroke	1:28.13	1:29.00	241	25/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	ER231946	3
200 Individual Medley	3:09.49	3:11.60	265	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Individual Medley	1:27.26	1:27.30	271	21/10/23	Chelmsford City Club Champs 2023	Riverside	ER231555	4