

Individual Best Times (All Time)

Flynn Shelley - (1604134) - Mid Sussex Marlins

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.12	31.50	275	25/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
100 Freestyle	1:10.30	1:09.10	296	24/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
200 Freestyle	2:28.85	2:26.50	321	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley	SE240321	1
400 Freestyle	5:11.32	5:06.80	353	28/04/24	SE South East Region LC Championships 2024	Winchester	SE240685	1
50 Breaststroke	53.14	52.50	116	24/09/22	Lis Hartley L3 Open Meet Crawley 2022	K2 Crawley	SE221387	3
50 Butterfly	36.53	36.00	226	24/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
100 Butterfly	1:20.02	1:19.10	235	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley	SE240321	1
50 Backstroke	39.11	38.60	218	06/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley	SE240321	1
100 Backstroke	1:26.09	1:25.10	215	24/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
200 Backstroke	2:59.19	2:57.30	243	24/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
200 Individual Medley	2:59.68	2:57.50	255	24/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.10	32.70	247	12/05/24	Mid Sussex Marlins Sprint Meet 2024	Burgess Hill	SE240766	3
100 Freestyle	1:08.32	1:09.50	282	20/04/24	SE South East Region LC Championships 2024	Crawley	SE240684	2
200 Freestyle	2:25.54	2:27.90	318	21/04/24	SE South East Region LC Championships 2024	Crawley	SE240684	2
400 Freestyle	5:27.14	5:31.40	273	13/12/23	East Grinstead Winter Championships 2023	Edenbridge	SE232425	4
800 Freestyle	10:22.65	10:31.90	361	15/06/24	Mid Sussex Marlins 800m Invitational Time Trial 24	West Sussex	SE241228	4
50 Breaststroke	47.28	47.90	146	12/05/24	Mid Sussex Marlins Sprint Meet 2024	Burgess Hill	SE240766	3
100 Breaststroke	1:42.55	1:43.80	156	08/12/23	East Grinstead Winter Championships 2023	Edenbridge	SE232424	4
50 Butterfly	35.50	36.00	229	11/11/23	National Arena Swimming League South R2 2023	Horsham	SE232478	3
100 Butterfly	1:21.61	1:22.50	200	14/01/24	Brighton SC Tom Handley Open Meet 2024	Prince Regent	SE240042	3
200 Butterfly	3:14.09	3:15.70	166	07/07/23	East Grinstead 2023 Summer Championships 2023	Edenbridge	SE231419	4
50 Backstroke	38.15	38.70	194	26/11/23	Atlantis SC Christmas Cracker 2023	Horsham	SE231038	3
100 Backstroke	1:22.49	1:23.50	201	03/12/23	East Grinstead Winter Championships 2023	Edenbridge	SE232423	4
200 Backstroke	2:56.98	2:58.90	212	05/07/23	East Grinstead 2023 Summer Championships 2023	Edenbridge	SE231419	4
200 Individual Medley	2:57.73	2:59.90	234	14/01/24	Brighton SC Tom Handley Open Meet 2024	Prince Regent	SE240042	3
100 Individual Medley	1:24.62	1:24.60	197	15/12/23	East Grinstead Winter Championships 2023	Edenbridge	SE232425	4