

Individual Best Times (All Time)

Lewis Hallam - (1602360) - Harpenden Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.25	34.70	208	23/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3
100 Freestyle	1:23.35	1:22.30	177	23/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3
50 Breaststroke	51.70	51.10	126	02/03/24	Harpenden SC Frantic 50s 2024	St Albans	ER240268	3
100 Breaststroke	1:47.52	1:46.30	148	23/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3
50 Backstroke	42.54	42.10	169	23/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3
200 Backstroke	3:15.75	3:14.00	186	23/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.83	35.40	193	18/05/24	Watford Swimming Club Development Meet 2024	Watford	ER240110	3
100 Freestyle	1:21.24	1:22.30	168	10/09/23	Hertfordshire Aquatics Autumn Open Meet	Westminster Lodge	ER230996	3
200 Freestyle	2:46.36	2:48.40	213	18/05/24	Watford Swimming Club Development Meet 2024	Watford	ER240110	3
400 Freestyle	6:50.56	6:54.00	138	10/09/23	Hertfordshire Aquatics Autumn Open Meet	Westminster Lodge	ER230996	3
50 Breaststroke	48.52	49.20	135	17/03/24	Hatfield Regional Qualifier March 2024	Hatfield	ER240014	3
100 Breaststroke	1:44.05	1:45.30	149	16/03/24	Hatfield Regional Qualifier March 2024	Hatfield	ER240014	3
200 Breaststroke	3:38.62	3:41.00	166	19/05/24	Watford Swimming Club Development Meet 2024	Watford	ER240110	3
50 Butterfly	46.11	46.50	104	07/06/24	Herts & St Albans SSA Primary Schools Champs 2024	St Albans	ER240998	4
100 Butterfly	2:14.88	2:15.40	44	21/05/23	Harpenden SC Club Champs 2023	Harpenden	ER230673	4
50 Backstroke	42.87	43.30	137	17/03/24	Hatfield Regional Qualifier March 2024	Hatfield	ER240014	3
100 Backstroke	1:30.25	1:31.10	153	16/03/24	Hatfield Regional Qualifier March 2024	Hatfield	ER240014	3
200 Backstroke	3:08.30	3:10.10	176	18/05/24	Watford Swimming Club Development Meet 2024	Watford	ER240110	3
200 Individual Medley	3:27.70	3:29.60	147	28/01/24	SE Hertfordshire County Championships 2024	Borehamwood	ER240101	2
100 Individual Medley	1:32.75	1:32.80	149	03/12/23	Borough of Harrow Christmas Cracker Meet 2023	Barnet Cophall	LR231493	3