

Individual Best Times (All Time)

Sofia Davies - (1601959) - City of Liverpool SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.86	29.20	494	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
100 Freestyle	1:05.44	1:04.10	493	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
200 Freestyle	2:28.33	2:26.00	440	10/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
50 Breaststroke	41.19	40.40	354	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
50 Butterfly	32.25	31.70	434	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
100 Butterfly	1:14.21	1:13.20	417	27/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
50 Backstroke	36.10	35.50	411	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
200 Individual Medley	2:51.00	2:48.70	401	28/01/24	Lancashire County Championships 2024	Manchester	NW240296	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.32	31.00	432	02/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
100 Freestyle	1:04.68	1:06.00	468	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
200 Freestyle	2:29.64	2:31.90	400	30/09/23	Wirral Metro Autumn Development Meet 2023	Birkenhead	NW230806	3
400 Freestyle	4:57.42	5:02.10	470	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
50 Breaststroke	43.07	43.80	285	02/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
50 Butterfly	32.56	33.10	419	23/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Butterfly	1:15.61	1:16.60	365	03/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
50 Backstroke	35.60	36.20	356	03/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
200 Individual Medley	2:43.12	2:45.50	416	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Individual Medley	1:17.94	1:17.90	381	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3