

Individual Best Times (All Time)

Oliver Robst - (1599576) - Chichester (Cormorant) SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.82	31.20	283	25/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
100 Freestyle	1:10.13	1:08.90	298	19/05/24	Portsmouth Northsea May Sprint Meet 2024 LC L3	Portsmouth	SE240332	3
50 Butterfly	34.79	34.20	262	25/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
50 Backstroke	40.09	39.60	202	06/01/24	Crawley Speedo New Year Gala L3 2024	Crawley	SE240145	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.34	32.00	266	22/10/23	Sussex County ASA Winter AG Competition 2023	Crawley	SE231993	2
100 Freestyle	1:11.12	1:12.30	250	07/10/23	Winchester City Penguins Winter Autumn Qualifier	Winchester	SE231502	2
50 Breaststroke	49.27	49.90	129	24/06/23	Chichester 2023 Summer Sprints Time Trials	Portsmouth	SE231268	4
100 Breaststroke	1:44.97	1:46.20	146	18/11/23	Chichester Cormorants Club Championships 2023	Portsmouth	SE232490	4
50 Butterfly	34.97	35.50	240	21/10/23	Sussex County ASA Winter AG Competition 2023	Crawley	SE231993	2
100 Butterfly	1:27.82	1:28.70	161	14/10/23	National Arena Swimming League South R1 2023	Portsmouth	SE231990	4
50 Backstroke	40.33	40.80	164	24/06/23	Chichester 2023 Summer Sprints Time Trials	Portsmouth	SE231268	4
100 Backstroke	1:20.11	1:21.10	219	07/04/24	Arun Tridents SC Easter Open 2024	Bognor Regis	SE240233	3
200 Individual Medley	3:00.20	3:02.40	225	07/04/24	Arun Tridents SC Easter Open 2024	Bognor Regis	SE240233	3
100 Individual Medley	1:27.31	1:27.30	179	18/11/23	Chichester Cormorants Club Championships 2023	Portsmouth	SE232490	4