

Individual Best Times (All Time)

Alexander Ostroverkhov - (1599440) - Kingston Royals SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.50	38.00	160	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
100 Freestyle	1:24.37	1:23.40	171	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
200 Freestyle	3:13.00	3:11.20	147	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
400 Freestyle	6:46.46	6:43.00	158	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
50 Breaststroke	51.48	50.90	128	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
100 Breaststroke	1:57.21	1:56.10	114	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
100 Butterfly	2:11.44	2:10.90	53	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
50 Backstroke	47.99	47.60	118	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
200 Backstroke	3:43.34	3:41.80	125	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
200 Individual Medley	3:51.01	3:49.30	120	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.77	33.40	232	17/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
100 Freestyle	1:13.90	1:15.00	223	16/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
200 Freestyle	2:46.00	2:48.10	214	16/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
400 Freestyle	6:14.62	6:18.40	181	16/12/23	Whitgift & White Oak Invitation Open 2023	South Croydon	LR232513	4
50 Breaststroke	46.62	47.30	153	16/12/23	Whitgift & White Oak Invitation Open 2023	South Croydon	LR232513	4
100 Breaststroke	1:40.95	1:42.20	164	17/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
200 Breaststroke	3:41.18	3:43.60	160	16/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
50 Butterfly	40.23	40.70	158	16/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
100 Butterfly	2:03.74	2:04.40	57	08/10/23	Epsom District Autumn Open Meet 2023	Epsom	SE231142	3
50 Backstroke	41.80	42.30	147	16/12/23	Whitgift & White Oak Invitation Open 2023	South Croydon	LR232513	4
100 Backstroke	1:30.17	1:31.10	153	17/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
200 Backstroke	4:01.53	4:02.90	83	11/03/23	Borough of Harrow Regional Qualifier Meet 2023	Barnet Cophthall	LR230283	3
200 Individual Medley	3:27.15	3:29.10	148	25/02/24	Borough of Harrow Regional Qualifier 2024	Hendon	LR240172	3
100 Individual Medley	1:27.12	1:27.10	180	16/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4