

Individual Best Times (All Time)

Alfred Robinson - (1598485) - Southwold Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Backstroke	41.27	40.80	185	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.54	36.10	182	18/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
100 Freestyle	1:21.45	1:22.50	166	16/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3
200 Freestyle	2:53.77	2:55.80	186	18/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
50 Butterfly	55.91	56.30	58	25/06/23	Clevedon and Trident Level 3 Open Meet 2023	Hutton Moor lc	SW230580	3
50 Backstroke	39.67	40.20	173	02/12/23	Soundwell SC County Qualifier 2023	Hutton Moor LC	SW231617	3
100 Backstroke	1:29.79	1:30.70	155	16/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3
200 Backstroke	3:02.07	3:03.90	195	18/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
200 Individual Medley	3:45.44	3:47.20	114	29/04/23	Spring Open Meet 2023	Newport	WL230127	3
100 Individual Medley	1:29.54	1:29.50	166	18/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3