

Individual Best Times (All Time)

Aston Lyle - (1597241) - Enfield Swim Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	42.59	41.80	226	27/01/24	2024 Middlesex County Championships	London	LR240186	1
200 Breaststroke	3:30.79	3:28.30	210	27/01/24	2024 Middlesex County Championships	London	LR240186	1
50 Butterfly	35.38	34.80	249	27/01/24	2024 Middlesex County Championships	London	LR240186	1
100 Butterfly	1:23.37	1:22.50	208	03/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.31	33.00	242	16/06/24	Enfield Charlie Farnsbarns Invite Junior Meet 2024	Enfield	LR240988	4
100 Freestyle	1:16.91	1:18.00	198	01/07/23	Putteridge SC End of Season Summer SC Open 2023	Luton	ER230160	2
200 Freestyle	2:45.71	2:47.80	215	25/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
400 Freestyle	5:54.41	5:58.40	214	22/10/23	Middlesex County Development Open Series 1 2023	Southbury Road LC	LR231220	3
800 Freestyle	11:47.43	11:55.60	246	14/10/23	Romford TSC Long Distance County Qualifier Meet	Romford	LR232109	3
50 Breaststroke	41.31	42.10	220	16/06/24	Enfield Charlie Farnsbarns Invite Junior Meet 2024	Enfield	LR240988	4
100 Breaststroke	1:37.23	1:38.50	183	25/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
200 Breaststroke	3:23.66	3:26.20	205	17/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
50 Butterfly	36.23	36.80	216	16/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
100 Butterfly	1:25.57	1:26.50	174	26/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
200 Butterfly	3:33.99	3:35.50	124	21/01/23	Romford Town SC Non-County Qualifiers Meet 2023	Romford	LR230149	3
50 Backstroke	37.30	37.80	208	16/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
100 Backstroke	1:39.20	1:40.00	115	21/05/22	MCASA Middlesex May Open	Southbury Road	LR220806	3
200 Individual Medley	3:02.45	3:04.60	216	25/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
400 Individual Medley	6:49.07	6:53.40	189	21/01/23	Romford Town SC Non-County Qualifiers Meet 2023	Romford	LR230149	3
100 Individual Medley	1:28.40	1:28.40	173	21/01/23	Romford Town SC Non-County Qualifiers Meet 2023	Romford	LR230149	3