

# Individual Best Times (All Time)

Shlok Kumar - (1594084) - Colchester SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.15	40.70	126	17/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
100 Freestyle	1:37.34	1:38.20	97	26/11/23	Colchester 2023 Last Chance County Qualifier Meet	Braintree	ER231564	3
200 Freestyle	3:42.97	3:44.50	88	03/03/24	Deben SC March Meet 2024	Ipswich	ER240175	3
50 Breaststroke	59.89	1:00.40	72	03/03/24	Deben SC March Meet 2024	Ipswich	ER240175	3
100 Breaststroke	2:12.04	2:13.00	73	03/03/24	Deben SC March Meet 2024	Ipswich	ER240175	3
200 Breaststroke	4:34.26	4:36.20	84	17/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
50 Butterfly	48.58	49.00	89	17/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
100 Butterfly	2:14.89	2:15.50	44	02/03/24	Deben SC March Meet 2024	Ipswich	ER240175	3
50 Backstroke	53.16	53.50	71	22/10/23	2023 Colchester Club Championships	Braintree	ER231484	4
100 Backstroke	1:58.77	1:59.40	67	17/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
100 Individual Medley	1:52.80	1:52.80	83	22/10/23	2023 Colchester Club Championships	Braintree	ER231484	4