

Individual Best Times (All Time)

Arlo Waterman - (1594082) - Colchester SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	50.22	49.60	137	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
200 Breaststroke	3:47.92	3:45.60	166	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.67	38.20	153	17/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
100 Freestyle	1:31.42	1:32.30	117	01/04/23	Colchester Last Chance Regional Qualifier Meet 23	Braintree	ER230460	3
50 Breaststroke	47.94	48.60	140	09/12/23	National Arena Swimming League - London 2023	Hatfield	ER231481	3
100 Breaststroke	1:49.22	1:50.40	129	05/02/23	Essex Age Group County Championships 2023	Basildon	ER230022	2
200 Breaststroke	3:35.13	3:37.60	174	17/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
50 Butterfly	47.51	47.90	95	24/09/23	2023 Colchester Club Championships	Braintree	ER231483	4
100 Individual Medley	1:39.70	1:39.70	120	22/10/23	2023 Colchester Club Championships	Braintree	ER231484	4