

Individual Best Times (All Time)

Alexander Gilbert - (1593874) - Kidlington & Gosford SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|----------------|---------|-----------------|-----------|----------|--|-----------|----------|-------|
| 100 Freestyle | 1:30.19 | 1:29.30 | 140 | 16/03/24 | Bracknell & Wokingham Regional Qualifier Meet 2024 | Aldershot | SE240043 | 3 |
| 50 Backstroke | 47.14 | 46.70 | 124 | 16/03/24 | Bracknell & Wokingham Regional Qualifier Meet 2024 | Aldershot | SE240043 | 3 |
| 100 Backstroke | 1:44.81 | 1:44.00 | 119 | 16/03/24 | Bracknell & Wokingham Regional Qualifier Meet 2024 | Aldershot | SE240043 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|-----------|----------|-------|
| 50 Freestyle | 36.71 | 37.30 | 165 | 23/06/24 | Maxwell June Meet 2024 | Aylesbury | SE240894 | 3 |
| 100 Freestyle | 1:26.46 | 1:27.40 | 139 | 23/06/24 | Maxwell June Meet 2024 | Aylesbury | SE240894 | 3 |
| 50 Butterfly | 47.51 | 47.90 | 95 | 19/05/24 | City of Oxford SC L4 Splash and Dash 2024 | Oxford | SE240890 | 4 |
| 50 Backstroke | 43.42 | 43.90 | 132 | 23/06/24 | Maxwell June Meet 2024 | Aylesbury | SE240894 | 3 |
| 100 Backstroke | 1:33.31 | 1:34.20 | 138 | 22/06/24 | Maxwell June Meet 2024 | Aylesbury | SE240894 | 3 |
| 100 Individual Medley | 2:09.93 | 2:09.90 | 54 | 25/02/23 | City of Oxford SC Feb Dev Meet 2023 | Oxford | SE230512 | 4 |