

Individual Best Times (All Time)

Iris Bell - (1590670) - Leamington Spa SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Butterfly	47.83	47.40	133	20/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	44.30	44.80	138	30/09/23	Leamington Spa CDC Meet 2023	Leamington Spa	WM232079	4
100 Freestyle	1:39.09	1:39.90	130	13/01/24	Leamington Spa ASC January Sprint Meet 2024	Leamington Spa	WM240031	4
200 Freestyle	3:15.31	3:17.10	180	17/03/24	City of Coventry John Hughes Open Meet 2023	Coventry	WM240007	3
50 Breaststroke	56.97	57.50	123	07/10/23	Coventry & District October Meet 2023	Coventry	WM231380	3
100 Breaststroke	1:56.96	1:58.00	151	17/03/24	City of Coventry John Hughes Open Meet 2023	Coventry	WM240007	3
200 Breaststroke	4:09.77	4:11.90	156	17/03/24	City of Coventry John Hughes Open Meet 2023	Coventry	WM240007	3
50 Butterfly	44.38	44.80	165	29/06/24	City of Coventry SC Club Championships 2024	Coventry	WM241392	4
100 Butterfly	1:37.20	1:38.00	171	14/04/24	City of Coventry Duel in the Pool 2024	Coventry	WM240951	4
50 Backstroke	49.10	49.50	136	02/12/23	City of Coventry Winter Meet 2023	Coventry	WM231042	3
100 Backstroke	1:34.83	1:35.70	193	29/06/24	City of Coventry SC Club Championships 2024	Coventry	WM241392	4
200 Backstroke	3:39.69	3:41.20	158	02/12/23	City of Coventry Winter Meet 2023	Coventry	WM231042	3
200 Individual Medley	3:27.87	3:29.80	201	14/04/24	City of Coventry Duel in the Pool 2024	Coventry	WM240951	4
100 Individual Medley	1:47.95	1:48.00	143	10/06/23	Leamington Spa CDC Meet 2023	Leamington Spa	WM231227	4