

# Individual Best Times (All Time)

Henry Fillingham - (1589691) - City of Bradford SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.06	27.30	413	17/02/24	Yorkshire SA Championships 2024	Sheffield	NE240026	1
100 Freestyle	1:00.70	59.30	460	23/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
200 Freestyle	2:12.32	2:09.70	458	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
50 Breaststroke	36.10	35.20	371	30/06/24	City of Bradford Summer Long Course Meet 2024	Leeds	NE240617	3
100 Breaststroke	1:20.04	1:18.50	358	02/06/24	Tadcaster York Sport Swim Squad Summer LC Blast	Leeds	NE240493	3
200 Breaststroke	2:51.61	2:48.50	390	13/04/24	City of Leeds National Qualifier 2024	Leeds	NE240117	1
50 Butterfly	31.19	30.60	364	09/12/23	Bo Barnsley 27th Annual Christmas Sprints 2023	Sheffield	NE231977	3
100 Butterfly	1:08.70	1:07.60	372	29/06/24	City of Bradford Summer Long Course Meet 2024	Leeds	NE240617	3
200 Butterfly	2:30.11	2:28.00	397	05/05/24	SE North East Regional Open/Youth Championships	Sunderland	NE240253	1
50 Backstroke	34.89	34.30	307	09/12/23	Bo Barnsley 27th Annual Christmas Sprints 2023	Sheffield	NE231977	3
100 Backstroke	1:14.30	1:13.20	334	30/06/24	City of Bradford Summer Long Course Meet 2024	Leeds	NE240617	3
200 Individual Medley	2:29.33	2:26.70	444	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
400 Individual Medley	5:14.58	5:08.90	458	04/05/24	SE North East Regional Open/Youth Championships	Sunderland	NE240253	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.66	28.40	387	15/06/24	Team Jorvik Viking Sprints 2024	Leeds	NE240721	3
100 Freestyle	1:00.44	1:01.80	408	19/11/23	City of Bradford SC Winter Short Course Meet 2023	Leeds	NE230911	3
200 Freestyle	2:08.30	2:11.00	464	21/04/24	Harrogate Spa Town Meet 2024	Harrogate	NE240418	3
50 Breaststroke	35.28	36.20	353	15/06/24	Team Jorvik Viking Sprints 2024	Leeds	NE240721	3
100 Breaststroke	1:16.72	1:18.30	374	21/04/24	Harrogate Spa Town Meet 2024	Harrogate	NE240418	3
200 Breaststroke	2:45.37	2:48.50	383	21/04/24	Harrogate Spa Town Meet 2024	Harrogate	NE240418	3
50 Butterfly	29.93	30.60	383	15/06/24	Team Jorvik Viking Sprints 2024	Leeds	NE240721	3
100 Butterfly	1:07.55	1:08.70	353	08/06/24	Scarborough SC Summer Splash 2024 A&B	Scarborough	NE240182	3
200 Butterfly	2:25.41	2:27.60	396	21/04/24	Harrogate Spa Town Meet 2024	Harrogate	NE240418	3
50 Backstroke	33.44	34.00	289	15/06/24	Team Jorvik Viking Sprints 2024	Leeds	NE240721	3
100 Backstroke	1:13.94	1:15.00	279	07/10/23	Yorkshire SA Winter Competitions 2023	Leeds	NE230684	2
200 Individual Medley	2:26.78	2:29.40	416	18/11/23	City of Bradford SC Winter Short Course Meet 2023	Leeds	NE230911	3
400 Individual Medley	5:18.17	5:23.60	401	17/09/23	Barracudas Autumn Equinox County Qualifier 2023	Beverley	NE230454	3
100 Individual Medley	1:08.77	1:08.80	367	15/06/24	Team Jorvik Viking Sprints 2024	Leeds	NE240721	3