

# Individual Best Times (All Time)

## Archie Lake - (1589108) - New Hall School Swim Club

### Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:16.49	1:15.40	229	23/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3
200 Freestyle	2:50.22	2:48.20	215	22/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3
50 Breaststroke	50.59	50.00	134	22/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3
50 Butterfly	37.84	37.30	203	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1
100 Butterfly	1:29.16	1:28.30	170	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
50 Backstroke	39.40	38.90	213	23/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3
100 Backstroke	1:28.59	1:27.70	197	22/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3
200 Individual Medley	3:09.89	3:07.80	216	22/06/24	Team Luton Summer Long Course Meet 2024	Luton	ER240777	3

### Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.35	35.00	202	16/12/23	New Hall School Club Championships 2023	Chelmsford	ER232547	4
100 Freestyle	1:15.62	1:16.70	208	19/05/24	Watford Swimming Club Development Meet 2024	Watford	ER240110	3
200 Freestyle	2:44.55	2:46.70	220	23/03/24	Harlow & Bishops Stortford 2024 Regional Qualifier	Harlow	ER240144	3
50 Breaststroke	48.89	49.50	132	23/03/24	Harlow & Bishops Stortford 2024 Regional Qualifier	Harlow	ER240144	3
100 Breaststroke	1:51.28	1:52.40	122	14/02/24	New Hall School Swim Academy Junior Splash 2024	Chelmsford	ER240558	4
50 Butterfly	37.76	38.30	191	23/03/24	Harlow & Bishops Stortford 2024 Regional Qualifier	Harlow	ER240144	3
100 Butterfly	1:27.87	1:28.70	160	23/03/24	Harlow & Bishops Stortford 2024 Regional Qualifier	Harlow	ER240144	3
50 Backstroke	39.41	39.90	176	23/03/24	Harlow & Bishops Stortford 2024 Regional Qualifier	Harlow	ER240144	3
100 Backstroke	1:25.83	1:26.80	178	19/05/24	Watford Swimming Club Development Meet 2024	Watford	ER240110	3
200 Individual Medley	3:04.91	3:07.00	208	19/05/24	Watford Swimming Club Development Meet 2024	Watford	ER240110	3
100 Individual Medley	1:27.00	1:27.00	181	02/12/23	BBSC & DASC Christmas Cracker Meet 2023	Braintree	ER231878	3