

# Individual Best Times (All Time)

Eilidh Nicholls - (1587834) - Nova Centurion SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.25	30.60	431	22/01/23	Nottinghamshire ASA County Championships 2023	Nottingham	EM230409	1
100 Freestyle	1:09.07	1:07.80	419	24/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240096	1
50 Breaststroke	40.29	39.50	379	12/03/23	Nova Centurion National Qualifier Meet 2022	Nottingham	EM230091	1
100 Breaststroke	1:30.27	1:28.90	358	04/02/23	Nottinghamshire ASA County Championships 2023	Nottingham	EM230410	1
200 Breaststroke	3:18.42	3:15.70	333	22/01/23	Nottinghamshire ASA County Championships 2023	Nottingham	EM230409	1
50 Butterfly	35.76	35.20	318	03/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240095	1
100 Butterfly	1:20.85	1:19.90	323	21/01/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240094	1
200 Butterfly	3:02.03	3:00.30	299	04/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240095	1
50 Backstroke	37.94	37.40	354	05/02/23	Nottinghamshire ASA County Championships 2023	Nottingham	EM230410	1
100 Backstroke	1:27.22	1:26.30	283	04/06/23	Nova June Sprint Meet 2023	Nottingham	EM230180	3
200 Backstroke	3:01.81	3:00.00	310	04/02/23	Nottinghamshire ASA County Championships 2023	Nottingham	EM230410	1
200 Individual Medley	2:54.31	2:52.00	378	24/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240096	1
400 Individual Medley	6:14.68	6:10.00	357	21/01/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240094	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.50	32.20	385	16/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Freestyle	1:07.42	1:08.70	414	17/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
200 Freestyle	2:33.23	2:35.50	373	12/05/24	Bramcote SC 2024 Club Champs	Bramcote	EM240717	4
400 Freestyle	5:21.20	5:25.50	373	14/05/24	Bramcote SC 2024 Club Champs	Bramcote	EM240718	4
50 Breaststroke	40.25	41.00	350	02/04/23	Bakewell SC Open Meet 2023	Matlock	EM230354	3
100 Breaststroke	1:26.28	1:27.70	377	17/03/24	Arnold SC The Ernehale Open Meet 2024	Nottingham	EM240097	3
200 Breaststroke	3:05.56	3:08.40	381	16/03/24	Arnold SC The Ernehale Open Meet 2024	Nottingham	EM240097	3
50 Butterfly	35.95	36.50	311	10/10/23	Bramcote Race Night 1 2023	Bramcote	EM231755	4
100 Butterfly	1:18.41	1:19.40	327	23/06/24	Nottingham 46th Northern Open Gala 2024	Nottingham	EM240607	3
200 Butterfly	2:56.64	2:58.40	310	19/05/24	Bramcote SC 2024 Club Champs	Bramcote	EM240719	4
50 Backstroke	37.46	38.00	306	23/06/24	Nottingham 46th Northern Open Gala 2024	Nottingham	EM240607	3
100 Backstroke	1:22.25	1:23.20	297	16/09/23	Nottinghamshire ASA Stage 3 Gala 2023	Bramcote	EM230380	4
200 Backstroke	2:56.79	2:58.70	304	07/11/23	Bramcote Race Night 2 2023	Bramcote	EM231756	4
200 Individual Medley	2:47.58	2:49.90	384	03/12/23	Nottinghamshire ASA Festive Frenzy 2023	Nottingham	EM231818	3
400 Individual Medley	5:53.45	5:58.40	393	02/12/23	Nottinghamshire ASA Festive Frenzy 2023	Nottingham	EM231818	3
100 Individual Medley	1:21.07	1:21.10	338	28/10/23	Leicester Sharks CSC Trick or Treat Meet 2023	Nuneaton	EM230946	3