

Individual Best Times (All Time)

Jocelyn Goodwin - (1585797) - Caradon SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.95	35.50	282	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Freestyle	1:17.87	1:18.90	268	28/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240149	2
200 Freestyle	2:47.64	2:49.70	284	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
400 Freestyle	5:55.13	5:59.10	276	28/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240149	2
800 Freestyle	12:04.03	12:12.00	286	13/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240146	2
1500 Freestyle	23:56.33	24:10.70	252	21/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240147	2
50 Breaststroke	47.60	48.30	211	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2
100 Breaststroke	1:41.75	1:43.00	230	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Breaststroke	3:41.09	3:43.50	225	15/07/23	Devonport Royal Summer Sizzler 2023	Plymouth	SW230382	3
50 Butterfly	41.54	42.00	202	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Butterfly	1:40.14	1:40.90	157	04/02/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240151	2
50 Backstroke	39.43	39.90	262	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Backstroke	1:26.55	1:27.50	255	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Backstroke	3:03.38	3:05.20	272	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Individual Medley	3:08.35	3:10.40	270	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
400 Individual Medley	6:52.15	6:56.40	247	11/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
100 Individual Medley	1:26.72	1:26.70	276	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3