

Individual Best Times (All Time)

Rebecca Rigg - (1585645) - Morpeth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.49	28.80	513	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
100 Freestyle	1:04.86	1:03.60	506	12/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
200 Freestyle	2:22.16	2:19.70	500	27/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
400 Freestyle	5:09.63	5:05.10	439	11/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
50 Butterfly	35.39	34.80	328	14/05/23	SE NE Region Age Group Championships (50m) 2023	Sunderland	NE230132	1
100 Butterfly	1:17.06	1:16.10	373	11/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
200 Butterfly	3:05.87	3:04.20	281	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
50 Backstroke	35.63	35.10	428	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
100 Backstroke	1:23.62	1:22.70	322	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
200 Individual Medley	2:58.08	2:55.80	355	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
400 Individual Medley	6:00.42	5:55.50	401	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.82	30.50	454	01/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
100 Freestyle	1:04.61	1:05.90	470	23/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
200 Freestyle	2:21.56	2:24.00	473	01/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
400 Freestyle	5:05.68	5:10.20	433	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
50 Breaststroke	44.94	45.60	251	23/07/23	Durham City Aquatics International Summer Meet	Durham	NE231411	3
100 Breaststroke	1:35.39	1:36.70	279	18/11/23	Durham City Aquatics Medley Challenge 2023	Durham	NE232225	3
200 Breaststroke	3:16.53	3:19.20	321	02/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
50 Butterfly	33.16	33.70	397	02/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
100 Butterfly	1:16.14	1:17.10	357	02/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
200 Butterfly	2:54.27	2:56.10	323	14/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
50 Backstroke	35.04	35.60	374	14/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
100 Backstroke	1:15.03	1:16.10	391	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
200 Backstroke	2:38.10	2:40.20	425	01/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
200 Individual Medley	2:42.73	2:45.10	419	01/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
400 Individual Medley	5:56.58	6:01.50	382	13/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
100 Individual Medley	1:19.57	1:19.60	358	05/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	NE231347	2