

Individual Best Times (All Time)

Stanley McIntyre - (1579168) - Lucton Typhoon SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.33	29.60	327	10/03/24	Sandwell Aquatics Club Spring LC Open Meet 2024	Smethwick	WM240271	3
100 Freestyle	1:05.46	1:04.20	366	27/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
200 Freestyle	2:25.91	2:23.50	341	04/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
400 Freestyle	5:08.40	5:03.80	363	28/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
1500 Freestyle	20:28.99	20:12.10	355	04/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
50 Breaststroke	40.07	39.30	271	01/05/23	West Midland Regional Summer Championships 2023	Coventry	WM230351	1
100 Breaststroke	1:26.43	1:25.00	285	05/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
200 Breaststroke	3:06.17	3:03.30	306	04/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
50 Butterfly	36.45	35.90	228	09/03/24	Sandwell Aquatics Club Spring LC Open Meet 2024	Smethwick	WM240271	3
100 Butterfly	1:27.90	1:27.00	178	07/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
50 Backstroke	36.97	36.40	258	09/03/24	Sandwell Aquatics Club Spring LC Open Meet 2024	Smethwick	WM240271	3
100 Backstroke	1:20.47	1:19.50	263	07/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
200 Backstroke	2:40.63	2:38.50	338	06/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
200 Individual Medley	2:45.39	2:43.00	327	07/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
400 Individual Medley	5:56.72	5:51.80	314	10/03/24	Sandwell Aquatics Club Spring LC Open Meet 2024	Smethwick	WM240271	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.00	30.70	303	03/02/24	Worcester County SA County Championships 2024	Smethwick	WM240081	2
100 Freestyle	1:04.72	1:06.00	332	03/02/24	Worcester County SA County Championships 2024	Smethwick	WM240081	2
200 Freestyle	2:21.64	2:24.10	345	04/02/24	Worcester County SA County Championships 2024	Smethwick	WM240081	2
400 Freestyle	5:08.65	5:13.20	325	09/09/23	Co Hereford Invitational Club Championships 2023	Hereford	WM231867	4
800 Freestyle	10:56.99	11:05.70	307	14/01/24	Worcester County SA County Championships 2024	Wolverhampton	WM240079	2
1500 Freestyle	20:46.87	21:03.30	313	14/01/24	Worcester County SA County Championships 2024	Wolverhampton	WM240079	2
50 Breaststroke	38.60	39.40	270	21/10/23	City of Birmingham Winter Open Meet 2023	Birmingham	WM230773	2
100 Breaststroke	1:25.46	1:26.90	270	17/06/23	City of Birmingham Summer Open Meet 2023	Birmingham	WM230448	3
200 Breaststroke	3:08.05	3:10.80	260	03/02/24	Worcester County SA County Championships 2024	Smethwick	WM240081	2
50 Butterfly	35.81	36.30	224	21/10/23	City of Birmingham Winter Open Meet 2023	Birmingham	WM230773	2
100 Butterfly	1:21.94	1:22.90	198	12/02/23	Worcester County SA Championships 2023	Wolverhampton	WM230067	2
200 Butterfly	3:07.60	3:09.30	184	27/01/24	Worcester County SA County Championships 2024	Worcester	WM240080	2
50 Backstroke	35.41	36.00	243	04/02/24	Worcester County SA County Championships 2024	Smethwick	WM240081	2
100 Backstroke	1:14.42	1:15.50	273	03/02/24	Worcester County SA County Championships 2024	Smethwick	WM240081	2
200 Backstroke	2:37.96	2:40.10	299	09/06/24	City of Birmingham Summer Meet 2024	Birmingham	WM240153	3
200 Individual Medley	2:41.97	2:44.40	310	28/01/24	Worcester County SA County Championships 2024	Worcester	WM240080	2
400 Individual Medley	5:47.45	5:52.50	308	28/01/24	Worcester County SA County Championships 2024	Worcester	WM240080	2
100 Individual Medley	1:15.17	1:15.20	281	27/01/24	Worcester County SA County Championships 2024	Worcester	WM240080	2