

# Individual Best Times (All Time)

Joseph Haines - (1578217) - Barnstaple SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.39	30.10	322	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Freestyle	1:04.09	1:05.40	342	13/04/24	TD, Millfield & Street Spring Splash Open Meet 24	Street	SW240631	3
200 Freestyle	2:28.37	2:30.70	300	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
50 Breaststroke	36.74	37.60	313	13/04/24	TD, Millfield & Street Spring Splash Open Meet 24	Street	SW240631	3
100 Breaststroke	1:20.71	1:22.30	321	13/01/24	Devon County ASA Interclub 2024	Plymouth	SW240143	2
200 Breaststroke	3:00.91	3:03.80	293	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
50 Butterfly	30.92	31.50	348	13/04/24	TD, Millfield & Street Spring Splash Open Meet 24	Street	SW240631	3
100 Butterfly	1:13.37	1:14.40	276	13/01/24	Devon County ASA Interclub 2024	Plymouth	SW240143	2
50 Backstroke	42.79	43.30	137	24/10/21	Barnstaple Swimming Club Champs	Barnstaple	SW210824	4
100 Backstroke	1:12.56	1:13.70	295	13/04/24	TD, Millfield & Street Spring Splash Open Meet 24	Street	SW240631	3
200 Backstroke	3:04.47	3:06.30	187	25/10/21	Barnstaple Swimming Club Champs	Barnstaple	SW210825	4