

Individual Best Times (All Time)

Nicola Paskalev - (1576262) - Loughborough University Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.26	23.40	640	26/08/21	Final Circuito Clubes Absoluto	Malaga	GBR1510	0
100 Freestyle	50.96	49.30	777	26/08/21	Final Circuito Clubes Absoluto	Malaga	GBR1510	0
200 Freestyle	1:54.24	1:51.20	711	29/08/20	Men & Women LC Championship	Sofia	GBR1512	1
400 Freestyle	4:05.52	3:59.80	720	02/04/21	Bulgaria Open Team Championships	Sofia	GBR1511	1
100 Butterfly	58.90	57.60	591	07/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220576	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.58	24.40	624	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Freestyle	50.60	52.20	695	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
200 Freestyle	1:49.35	1:52.50	750	19/12/19	New Member Short Course	Various	OVE422	2
400 Freestyle	3:52.94	3:58.90	756	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2