

# Individual Best Times (All Time)

Ashton Briggs - (1573987) - Caradon SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.15	34.50	210	11/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
50 Butterfly	38.09	37.60	199	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.83	36.40	178	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Freestyle	1:22.93	1:23.90	158	04/02/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240151	2
200 Freestyle	3:05.29	3:07.20	154	01/10/23	City of Plymouth Annual Swim Meet 2023	Plymouth	SW231295	3
400 Freestyle	7:04.42	7:07.70	125	28/10/23	Caradon Club Champs 2023	Liskeard	SW232069	4
50 Breaststroke	52.93	53.50	104	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2
100 Breaststroke	1:54.37	1:55.50	112	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Breaststroke	4:26.69	4:28.70	91	28/10/23	Caradon Club Champs 2023	Liskeard	SW232069	4
50 Butterfly	36.96	37.50	203	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Butterfly	1:30.35	1:31.20	147	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Butterfly	3:40.72	3:42.20	113	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
50 Backstroke	41.20	41.70	154	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Backstroke	1:30.94	1:31.80	150	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Backstroke	3:27.91	3:29.50	131	11/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
200 Individual Medley	3:28.25	3:30.10	145	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2
100 Individual Medley	1:34.63	1:34.60	141	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2