

Individual Best Times (All Time)

Megan Coppack - (157297) - Amersham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.06	26.30	664	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	NE4316	1
100 Freestyle	58.58	57.10	687	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	NE4316	1
200 Freestyle	2:06.66	2:03.90	707	09/04/11	Stockport Metro April Long Course Meet	Stockport	NW1219	1
400 Freestyle	4:26.83	4:21.50	686	01/05/11	BG North West Region Youth Championships	Liverpool	NWR104	1
800 Freestyle	10:26.11	10:16.80	464	27/03/08	ASA Malta 15th A G Meet	Malta	GB8009	1
1500 Freestyle	18:35.88	18:17.20	561	20/11/09	Stockport Metro 15th Mt	Stockport	NW9691	1
50 Breaststroke	33.36	32.40	667	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	NE4316	1
100 Breaststroke	1:14.77	1:13.10	630	26/01/13	ASA Northern Region Zonal Competition	Sheffield	ZM3308	1
200 Breaststroke	2:51.18	2:48.10	518	21/01/12	City of Liverpool Winter Open Distance Mee	Liverpool	NW2117	1
50 Butterfly	29.48	28.80	569	19/03/11	Cheshire County Championships	Stockport	CC1076	1
100 Butterfly	1:04.56	1:03.40	634	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	NE150211	1
50 Backstroke	34.08	33.50	489	19/03/11	Cheshire County Championships	Stockport	CC1076	1
100 Backstroke	1:12.96	1:11.80	485	16/05/10	City of Manchester Open Meet	Manchester	NW0322	1
200 Individual Medley	2:22.14	2:19.30	698	23/02/14	BUCS Long Course 2014	Sheffield	BUC009	1
400 Individual Medley	5:12.80	5:07.10	614	15/05/11	City of Manchester Aquatics Open Meet	Manchester	NW1044	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.23	27.00	668	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
100 Freestyle	56.76	58.20	693	28/11/10	Stockport Metro Open Meet	Stockport	NW0518	2
200 Freestyle	2:02.20	2:05.00	735	17/11/12	Stockport Metro November Short Course Meet	Stockport	NW2599	2
400 Freestyle	4:21.95	4:27.20	688	26/03/11	Cheshire County Championships	Macclesfield	CC1078	2
800 Freestyle	9:14.30	9:24.60	638	03/04/10	Wirral Metro Easter Meet	Birkenhead	NW0116	4
1500 Freestyle	18:33.84	18:52.20	542	03/10/08	Wirral Metro Open Meet	Birkenhead	NW8447	2
50 Breaststroke	32.49	33.40	665	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
100 Breaststroke	1:13.13	1:14.80	620	03/03/13	Cheshire County Championships	Macclesfield	CC3081	2
200 Breaststroke	2:39.82	2:43.10	596	16/03/13	Cheshire County Championships	Macclesfield	CC3083	2
50 Butterfly	29.29	29.90	576	23/09/12	Wirral Metro SC Club Championships 2012	Birkenhead	NW2426	4
100 Butterfly	1:02.78	1:04.00	638	19/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
200 Butterfly	2:25.48	2:27.60	555	07/07/12	Wirral Metro SC Summer Open Meet	Birkenhead	NW2150	3
50 Backstroke	32.02	32.60	490	23/09/12	Wirral Metro SC Club Championships 2012	Birkenhead	NW2426	4
100 Backstroke	1:08.26	1:09.40	519	10/07/10	Wirral Metro Open Meet	Birkenhead	NW0117	3
200 Backstroke	2:24.72	2:27.00	555	11/07/10	Wirral Metro Open Meet	Birkenhead	NW0117	3
200 Individual Medley	2:17.56	2:20.40	695	08/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
400 Individual Medley	5:01.58	5:07.30	632	15/09/12	Wirral Metro SC Club Championships 2012	Birkenhead	NW2426	4
100 Individual Medley	1:04.08	1:04.10	685	21/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1