

Individual Best Times (All Time)

Ethan Jeffries - (1527629) - Runnymede SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.82	33.50	231	24/03/24	BBSC March Madness Regional Qualifier Open Meet 24	Braintree	ER240176	3
100 Freestyle	1:12.28	1:13.40	238	07/06/24	Runnymede SC - Club Championships 2024	Thundersley	ER240678	4
200 Freestyle	3:04.37	3:06.30	156	29/10/23	Runnymede SC Club Championship 2023	Runnymede	ER231910	4
50 Breaststroke	46.70	47.40	152	23/09/23	Basildon & Phoenix Autumn Season Opener 2023	Basildon	ER231881	3
100 Breaststroke	1:42.10	1:43.30	158	22/10/23	Runnymede SC Club Championship 2023	Runnymede	ER231909	4
200 Breaststroke	3:24.29	3:26.90	203	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Backstroke	39.40	39.90	176	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Backstroke	1:33.51	1:34.40	138	24/03/24	BBSC March Madness Regional Qualifier Open Meet 24	Braintree	ER240176	3
100 Individual Medley	1:24.35	1:24.30	199	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3