

Individual Best Times (All Time)

Anabelle Sallery - (1523235) - Killerwhales SC (Havering)

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.63	36.10	267	18/03/23	Bracknell & Wokingham Regional Qualifier Meet 2023	Aldershot	SE230198	3
100 Freestyle	1:18.53	1:17.50	285	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
200 Freestyle	2:56.71	2:54.70	260	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
50 Breaststroke	47.80	47.10	227	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
100 Breaststroke	1:46.12	1:44.90	220	18/03/23	Bracknell & Wokingham Regional Qualifier Meet 2023	Aldershot	SE230198	3
50 Butterfly	48.09	47.70	131	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
50 Backstroke	44.46	44.00	220	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.09	34.70	304	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
100 Freestyle	1:14.05	1:15.20	312	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Freestyle	2:45.42	2:47.50	296	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
400 Freestyle	5:45.10	5:49.20	301	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
800 Freestyle	11:34.57	11:42.90	324	12/06/24	Killerwhales Spring Long Distance Time Trials 2024	Romford	LR241503	4
50 Breaststroke	45.60	46.30	240	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Breaststroke	1:39.57	1:40.80	245	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
50 Butterfly	41.97	42.40	196	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Backstroke	45.33	45.80	172	18/06/23	Black Lion SC John Redding Gala 2023	Gillingham	SE230559	3
100 Backstroke	1:46.80	1:47.60	135	16/07/22	Colchester Summer Spectacular Development Meet	Braintree	ER220730	3
100 Individual Medley	1:29.65	1:29.70	250	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4